

We're committed to providing a total healthcare service for the whole family...



health matters

Issue no.2

**Moving
On Up!**
New, bigger
premises
in Benijófar

- Full range of General Practitioner care
- Well man and well woman clinics
- Dedicated clinics for diabetes, asthma, nutrition and travel advice
- Pain management
- Midwifery services
- Botox and fillers
- Cosmetic surgery
- Psychotherapy
- Hearing analysis
- Physiotherapy
- Podiatry

For more details about our services please contact us.

We can advise on all aspects of healthcare and offer many different healthcare plans to suit all needs.

Smiles All Round

Free dental check up for Medicare members and plan patients with our new dentist David Cadogan

TIME OUT

Accessible and safe cosmetic treatments for a more youthful you

On Form

Good cosmetic surgery is all about finding the right surgeon

Diabetes Club

Medicare launches new initiative for the very best support, information and treatment



Medicare Carrer Oslo 24, Alfaz del Pi

96 686 0258

Monday to Friday 9.00 am to 4.00 pm

www.medcarespain.com
doctors@medcarespain.com



Dentist

One of the best things about the Benijofar clinic moving to new premises is that we now have the space to include a dental surgery.

Fitted to the highest standards, our new dental surgery will be run by dental surgeon, David Cadogan.

David Cadogan has extensive experience gained in the UK and Spain. In the UK he set up and ran a successful dental practice in Ashford, Kent.

He specialises in cosmetic dentistry, and to gain expertise in this field attended numerous post-graduate courses and worked with John Hubbard, former chairman of the British Academy of Aesthetic Dentistry.



David Cadogan will provide dental care for all the family in a relaxed and caring environment. He prides himself on offering 'gentle' dental care.

All our members and plan patients will be entitled to a free dental check up. This will include assessment of teeth, gums and oral health, including an oral cancer check.

As well as general dentistry to maintain healthy teeth, David will offer:

- Restorative dentistry, including white fillings, crowns and bridges
- Cosmetic dentistry, including veneers and teeth whitening
- Denture work, including full and partial acrylic dentures, chrome/cobalt metal dentures and the new Valplast flexible cosmetic dentures.



Medcare Benijofar has moved into brand new premises. With so many patients now enjoying the benefits of Medcare membership, we'd simply outgrown our old clinic.

We now have more space and better facilities so can offer you lots of new services, as well as continuing to deliver all the quality medical treatments you have come to expect from us but in a more comfortable environment.

Our new clinic is just over the square from the old clinic, opposite the chemist in Benijofar. The address is -

Medcare, Calle El Sol No 2, Benijofar, 03178, Alicante

Our phone number has not changed, so you can still call us on **966 860 258** and fax **965 992 068**.



Aesthetics

Just because you're getting older, doesn't mean you have to look old.

Gone are the days of sitting back and accepting the ravishes of time. Today, there are loads of fantastic treatments to keep you looking younger, and at Medcare we can offer you the best and safest of these.

Smooth out lines and wrinkles, improve skin tone and plump up for a youthful look with the latest innovations in aesthetic practices, such as Botox™ and intradermal fillers. You'll be amazed how easy it is to regain a smoother, more youthful you.

For more extensive and longer lasting solutions for those problem areas, we also offer a number of surgical procedures, such as face lifts, tummy tucks, breast enlargement or reduction, nose remodelling and liposuction.

And as all our treatments are administered by fully qualified medical practitioners, you know you are in safe hands.

Ask us for more information today.



Dr Jorge Horacio Esbry our cosmetic surgeon

Cosmetic surgery is an exciting field, with rapid advances and new and improved treatments being offered all the time. This can be very confusing for the patient, so in order to make the right choices and get the best results finding a good surgeon is essential.

This is why we have teamed up with one of the most experienced, and in our opinion best, cosmetic surgeons working in Spain.

Dr Esbry, MD, ASPRS is registered with the UK General Medical Council and has more than 20 years experience in aesthetic and reconstructive surgery. His qualifications are first rate and he has hundreds of satisfied patients to testify to the quality of his work.

Dr Esbry's wealth of experience covers everything from working as the plastic surgeon for the Argentinean navy to being the founder plastic surgeon and Chief of the Department of Plastic Surgery and Burns at the Chaco Clinic, Argentina.

He has also worked in the United States. He now operates out of a private clinic in Alicante.

All surgery is carried out at the friendly private clinic. And you can be assured of excellent after care from both Dr Esbry and your Medcare clinic.

To discuss your needs and see what Dr Esbry can do to enhance your appearance, arrange a free no-obligation consultation at your local Medcare clinic today.

Diabetes Club

We are very excited to announce the imminent launch of the new Medcare Diabetes Club.

The club will ensure that our diabetes patients have access to the very best support, information and treatment.

A regular monthly meeting will give club members a forum to share their concerns and experiences, and to receive monitoring and advice. Visiting guest speakers will keep members up to date on all the latest research, treatments and lifestyle guidance.

Diabetes can be a very serious condition, but it does not have to be. Careful management is the key to living with diabetes and the club aims to make this management easier.

The club is free for Medcare patients. For more information on the club, contact the Medcare surgery.